



Silver State Wellness  
Silver State Kids

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**Medicaid Team Lead**

# Silver State Wellness Program

- Assists Nevada Medicaid, Fee-for-Service Aged, Blind, and Disabled (ABD) population
- ABD population has multiple co-morbidities, multiple medications, and complex medical and social needs
- Goals for SSW program include:
  - Assist recipients to establish medical homes with primary care providers
  - Link recipients with resources (e.g., transportation, physician appointments, prescription assistance programs, respite, mental health, DME, etc.)
  - Provide ongoing disease management through health education on co-morbid conditions and goal setting for behavior change

# Process for Engagement

- Recipient is assigned to a RN, Health Coach
- Nevada Care Connection
- General Assessment:
  - Medical conditions
  - Medications
  - Primary care provider
  - Social issues (tobacco use, alcohol/drug use, mental health)
- Recipient focused Care Plan
  - Define specific goals
  - Monthly reminders based on goals
  - Yearly reminder regarding flu/pneumonia vaccine

# SSW Testimonial

- “The education that I have received from this program has been the most complete information I have ever received regarding my disability. Now I fully understand which symptoms I need to report immediately to my doctor and which ones I can manage through changes in my behavior. Your program is a Godsend. It gets very scary to be all by yourself in a rural area, with many medical issues, and not much information but the basics. Now that I have someone to call with my concerns or questions, I feel like a weight has been lifted. Thank you, thank you, and thank you!”

Personal letter from recipient to RN Health Coach

# Silver State Kids Program



- Population of recipients are children 3 to 21 years old who are at risk or currently receiving behavioral healthcare services in a residential or in-patient setting.
- APS collaborates with many behavioral health care providers and state and county agencies, including Child Welfare and Juvenile Justice.
- The overall goal of the program is to assist in placement of recipients in the least restrictive level of care.
- Each recipient is assigned to work with a Behavioral Health Specialist

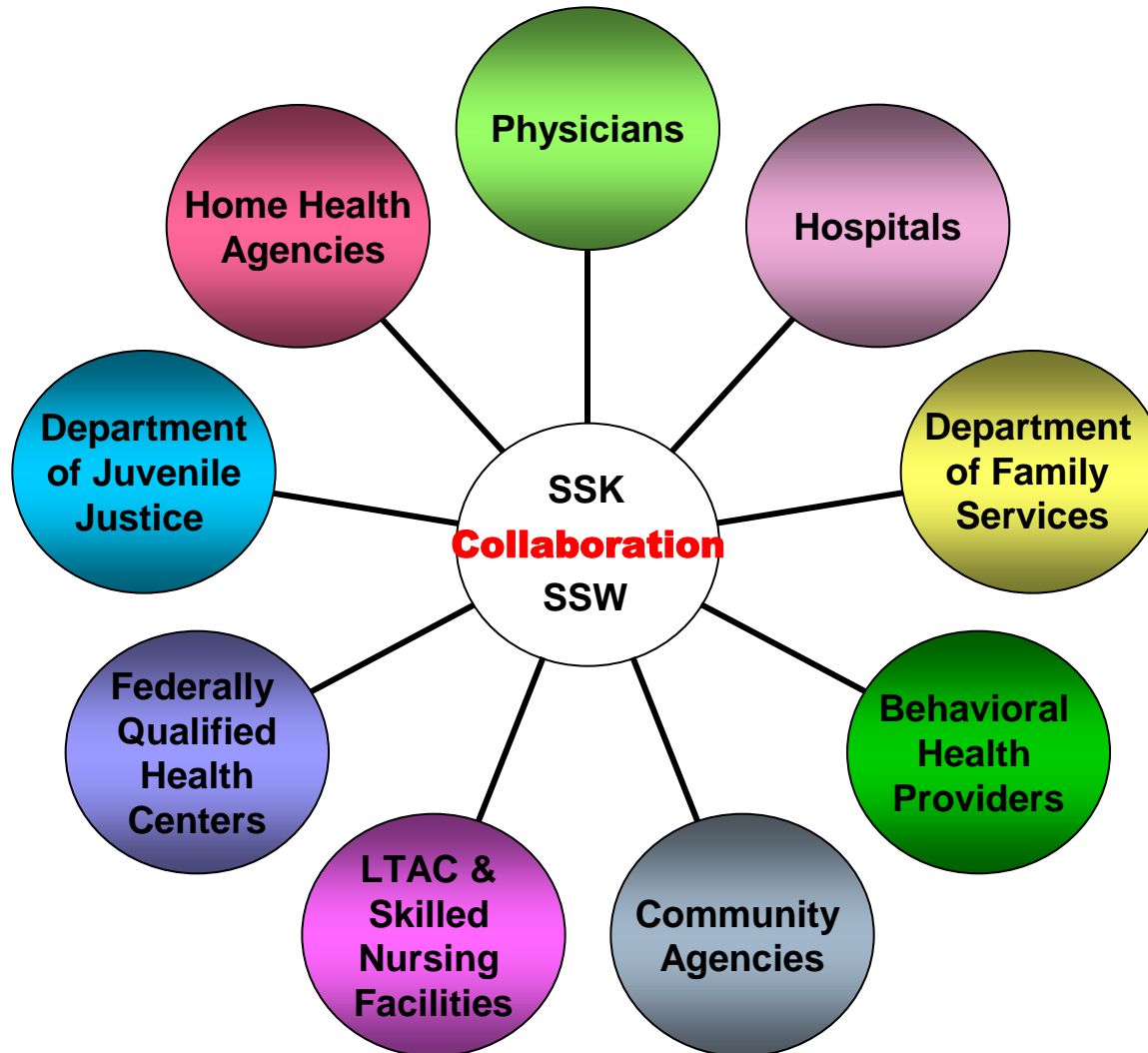
# Silver State Kids (cont.)

- “At-home” high risk population –
  - Recipients who are receiving behavioral healthcare treatment in an outpatient setting.
- Residential Treatment Centers
- Acute psychiatric inpatient

# SSK Success Story

- D.K. who is a 15 y/o recipient and had been receiving treatment in an out of state facility since December 2007 with an admitting diagnosis of Mood Disorder, Impulse Control Disorder, Aspergers and history of seizures, hydrocephalus with shunt placement.
- Upon receipt of clinical information in November 2008, the Behavioral Health Specialist attempted to find discharge placement for the recipient and received 14 denials for placement due to the recipient's multiple medical and mental health issues.
- Due to the diligence of the Behavioral Health Specialist, the recipient was successfully discharged back to a step down facility in Nevada in February 2009 and was able to be transferred back into her mother's home in June 2009 with continued individual and family therapy and medication management

# Provider Collaboration



# Referrals and Information

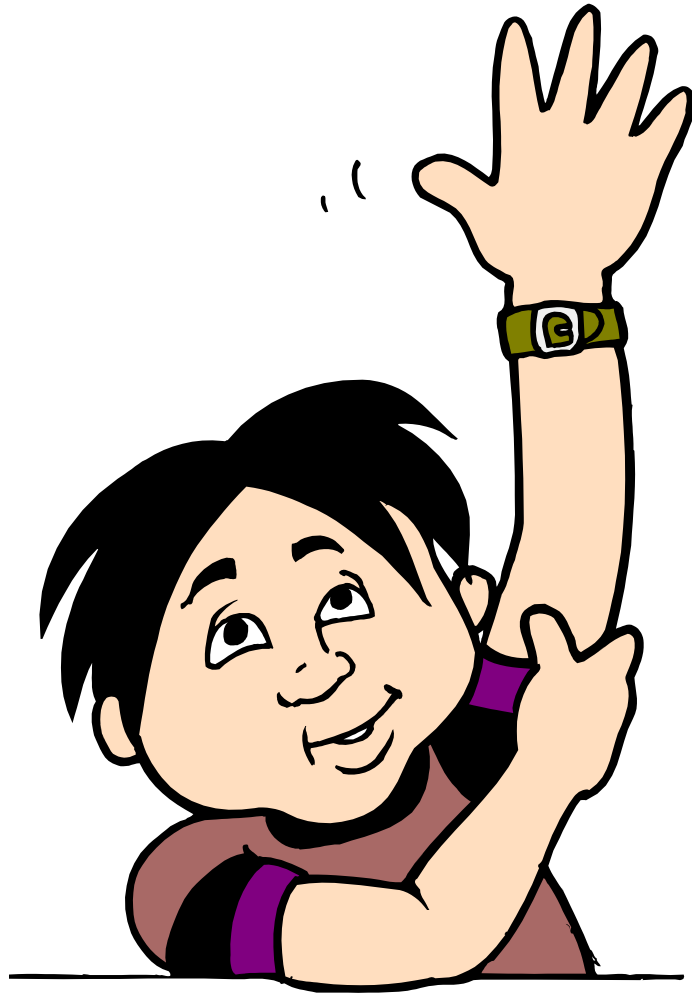
## Referrals:

- Silver State Wellness Referral Form
- Silver State Kids Referral Form
- Call: 877-845-7461
- Fax: 866-453-7973
- [www.SilverStateWellness.com](http://www.SilverStateWellness.com)

## Provider Relations:

- Lee Anne Castro, Resource Manager  
[www.lacastro@apshealthcare.com](mailto:www.lacastro@apshealthcare.com)  
877-845-7461 x 5148

# Any Questions???



## **Silver State Wellness Silver State Kids**

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